

LEADERSHIP AND RISK MANAGEMENT IN SCHOOLS AND COLLEGES

SUNDAY

08:30 - 9:00 h Registration of participants at the Real Club Victoria and collection of accreditations.

9:00 - 10:00 h Opening lecture of the course.

10:00 - 10:30 h Coffee break.

10:30 - 12:00 h **Lecture:** Emotional Intelligence Skills in teaching.

12:00 - 13:15 h **Lecture:** Emotional management of difficult and dangerous situations.

13:15 - 14:15 h Lunch at the Real Club Victoria.

14:30 - 18:30 h Visit to the Viera y Clavijo Botanical Garden.

18:30 - 18:45 h Return to Las Palmas de Gran Canaria.

MONDAY

08:30 - 09:45 h **Lecture:** Leadership in teaching.

09:45 - 10:15 h Coffee break.

10:15 - 11:45 h **Lecture:** The neuropsychology of fear. Decision-making in situations of risk and stress.

11:45 - 12:15 h Transfer to Merenderos San José del Álamo.

12:15 - 14:00 h **Practical workshop:** How to cook good paellas.

14:00 h Lunch. The paellas made in the workshop will be eaten.

15:30 - 16:00 h Transfer to Las Palmas de Gran Canaria.

16:00 - 18:00 h Sightseeing tour of Las Palmas de Gran Canaria.

TUESDAY

08:30 - 09:45 h **Lecture:** Buffering aspects of fear and stress.

09:45 - 10:15 h Coffee break.

10:15 - 10:45 h Transfer to a school for a visit.

11:00 - 13:00 h Visit the Professional Emergency Training Institute for a simulation demonstration.

14:00 - 15:00 h Lunch at the Real Club Victoria.

19:00 - 21:00 h **Optional:** "Tapeo" at Vegueta.

WEDNESDAY

08:30 - 09:45 h **Lecture:** Disaster Preparedness. Knowing how to act in the face of different disasters (fires, earthquakes, floods, power cuts, etc.).

09:45 - 10:15 h Coffee break.

10:15 - 12:00 h **Lecture:** Preparation of a School Emergency Plan.

12:00 - 13:00 h **Practical workshop:** Elaboration of a School Emergency Plan.

13:00 - 13:45 h Lunch at the Real Club Victoria.

13:45 - 20:00 h **Optional:** Maspalomas excursion + adventure activity: buggys, kayaks or jet skis.

THURSDAY

08:30 - 09:30 h **Lecture:** Break-in of armed persons. Security measures and reaction. How to prepare your students for an armed intrusion.

09:30 - 10:00 h Coffee break.

10:00 - 12:45 h **Practical workshops:**

- Simulation of an armed person breaking into the school.

- Encourage collaboration and teamwork.

12:45 - 13:30 h Transfer to Cuevas de Guayadeque.

13:30 - 15:00 h Lunch in a restaurant in Guayadeque (lunch not included).

15:00 - 16:30 h Visit to the canyons and visitor centre of Guayadeque.

16:30 - 17:15 h Return to Las Palmas.

FRIDAY

08:30 - 09:00 h Departure by bus from Real Club Victoria and transfer to Teror.

9:00 - 10:00 h **Lecture:** Initiation of children in preparedness. Acting with people with disabilities in disasters or crisis situations.

10:00 - 10:30 h Coffee break

10:30 - 13:30 h **Practical workshop:** Elementary breathing techniques to regain rational control in "critical" situations - Apnoea.

13:30 - 15:30 h Lunch and sightseeing tour of Teror.

15:30 - 17:30 h Practical workshop: Basic self-defence against intruders.

17:30 - 18:00 h Return to Las Palmas de Gran Canaria.

20:00 - 22:00 h Closing dinner of the course.

SATURDAY

08:30 - 10:15 h Practical workshop: First aid in the classroom.

10:15 - 10:45 h Coffee break.

10:45 - 13:30 h Practical workshop: First aid in outdoor activities.

13:30 - 14:00 h Closing of the course.
